NUTRITIONAL SCIENCES: ALLIED HEALTH, BS

Example Plan of Study

Finish in Four Plan of Study

The plan below is an **example** of how students can successfully complete degree requirements in four years. This suggested class schedule plan may be used as a guide and can be adjusted based on individual needs. Students are required to meet with an academic advisor prior to enrollment each semester to plan their class schedule, and students are ultimately responsible for completing all degree requirements.

Course	Title	Hours
Freshman		
Fall		
BIOL 1113 & BIOL 1111 or BIOL 1114	Introductory Biology (N) or Introductory Biology (LN)	4
NSCI 2013	Principles of Human Nutrition (N)	3
NSCI 2011	Applied Principles of Human Nutrition	1
UNIV 1111	First Year Seminar	1
MATH 1513 or MATH 1483	College Algebra (Q) or Mathematical Functions and Their Uses (Q)	3
UNIV 2511	Introduction to Health Careers	1
	Hours	**13**
Spring		
CHEM 1314 or CHEM 1215	Chemistry I (LN) [1] or Chemical Principles I (LN)	4
POLS 1113	American Government	3
ENGL 1113 or ENGL 1313	Composition I or Critical Analysis and Writing I	3
STAT 2013 or STAT 2023	Elementary Statistics (Q) or Elementary Statistics for Business and Economics (Q)	3
3 Hour General Education (H)		3
	Hours	**16**
Sophomore		
Fall		
NSCI 3440	Nutritional Sciences Pre-Professional Experience	1
CHEM 1515 or CHEM 1225	Chemistry II (LN) or Chemical Principles II (LN)	5
HLTH 2603	Total Wellness (S)	3
3 Hour Controlled Elective (PSYC 1113 recommended)		3
Select one of the following:		3
ENGL 1213	Composition II	
ENGL 1413	Critical Analysis and Writing II	
ENGL 3323	Technical Writing	
EDHS 3111	Preparing for Your Future Career	1
	Hours	**16**
Spring		
NSCI 3223	Nutrition Across the Life Span	3
CHEM 3013 or CHEM 3053	Survey of Organic Chemistry [1] or Organic Chemistry I	3
HIST 1103 or HIST 1483 or HIST 1493	Survey of American History or American History to 1865 (H) or American History Since 1865 (DH)	3
SPCH 2713	Introduction to Speech Communication (S)	3
3 hours of controlled electives		3
	Hours	**15**
Junior		
Fall		
NSCI 3543	Food and the Human Environment (GS)	3
NSCI 3011	Nutrition and Evidence-based Practice I	1
BIOL 3204	Physiology	4
CHEM 3012 or CHEM 3153	Survey of Organic Chemistry Laboratory or Organic Chemistry II	2
MICR 2123	Introduction to Microbiology	3
1 hour General Education (Q, H, N, S, D, G or F)		1
	Hours	**14**
Spring		
NSCI 3021	Nutrition and Evidence-based Practice II	1
CHEM 3112	Organic Chemistry Laboratory [1]	
MICR 2132	Introduction to Microbiology Laboratory	2
BIOL 3214	Human Anatomy	4
HHP 2802	Medical Terminology for the Health Professions	2
HDFS 2113	Lifespan Human Development (S)	3
3 hours of controlled electives		3
	Hours	**15**
Senior		
Fall		
NSCI 4023	Nutrition in the Pathophysiology of Chronic Disease	3
NSCI 4123	Human Nutrition and Metabolism I	3
NSCI 4021	Nutrition and Evidence-based Practice III	1
3 hours General Education (H)		3
6 hours of upper-division controlled electives		6
	Hours	**16**
Spring		
NSCI 4373	Principles of Nutrition Education and Behavior Change	3
NSCI 4143	Human Nutrition and Metabolism II	3
3 hours General Education (D)		3
3-6 hours of controlled electives [1, 2]		6
	Hours	**15**
	Total Hours	**120**

1

If a student takes CHEM 1215 Chemical Principles I (LN) one hour will count as a controlled elective. If student completes CHEM 3013 Survey of Organic Chemistry and CHEM 3012 Survey of Organic Chemistry Laboratory, student must take 22 hours of controlled electives. If student completes CHEM 3053 Organic Chemistry I, CHEM 3112 Organic Chemistry Laboratory and CHEM 3153 Organic Chemistry II, student must take 19 hours of controlled electives.

2

Hours variation dependent on Organic Chemistry series taken.